



Impulse Control

Impulse control training helps prevent dogs from engaging in potentially dangerous behaviors, such as running into traffic, jumping on people, or chasing other animals. Dogs that can control their impulses are also more likely to follow commands and behave appropriately in various situations, making them easier to live with and take out in public. Dogs that struggle with impulse control may become anxious or stressed in certain situations, so training them to exercise control over their impulses can help reduce their stress levels and improve their overall well-being. Remember, every dog is different, and some may learn faster than others. Be patient, keep training sessions short and positive, and tailor your approach to your dog's individual needs and personality.

Start with Basic Commands: Ensure your dog understands basic commands like "sit" and "stay" before introducing the "wait" command.

Choose the Right Environment: Begin training in a quiet, distraction-free environment. As your dog progresses, gradually introduce more distractions.

Use Treats and Rewards: Have treats or a favorite toy ready. Hold the treat in your hand but don't give it to your dog just yet.

Teach "Wait": With your dog in a sitting position, say "wait" and make a stop sign gesture with your hand (palm facing your dog). Start with a short duration, like a few seconds.

Release Command: After a few seconds, use a release command like "okay" or "free" to let your dog know they can have the treat or move.

Practice: Practice this command frequently, gradually increasing the duration your dog must wait before getting the treat.

Add Distractions: Once your dog can "wait" reliably, introduce distractions, like another person or a toy. Make sure your dog continues to wait until you give the release command.

Be Patient: It may take time for your dog to master impulse control. If they break the "wait" prematurely, calmly put them back in the original position and try again.

Consistency and Repetition: Consistency is key to success. Practice regularly in various situations to reinforce impulse control.

Positive Reinforcement: Always reward and praise your dog when they successfully wait.