



Training Trails

Use these guidelines to work on some basic training commands!

Sit:

1. Hold a treat to your dog's nose.
2. Slowly lift the treat over their head towards their rear. As dog follows treat with nose, back end should drop to the ground.
3. Once in a sitting position, say "yes" and give the treat.
4. Toss another treat a few feet away. Then repeat steps 1 to 3.

Down:

1. Ask your dog to sit.
2. Hold a treat to their nose and lower it to the ground between the front paws.
3. Then move treat on ground away from dog. Dog should lie down.
4. Once in the down position, say "yes" and give the treat.
5. Toss another treat a few feet away. Then repeat steps 1 to 3.

Paw:

1. Hold your hand out to your dog with treat in fist.
2. Wait till your dog paws hand. Say "yes," and give the treat.
3. Repeat until dog is consistently pawing at your hand.
4. Now use empty hand and start to add the verbal cue "paw."

Touch (Hand Target):

1. Hold your flat hand, palm out, in front of your dog.
2. When your dog looks at or sniffs your hand, say "yes" and reward with treat.
3. Repeat the above steps until your dog is purposefully touching nose to palm.
4. Add a verbal cue "touch," present your hand, wait for nose to palm, say "yes" and reward with treat.